

QUIZ

1. How many phases of Cardiac Rehab are there?
2. What medications do we class as 'secondary prevention'?
3. How long after an M.I can driving resume?
 - And what action needs to be taken by the patient with
 - Regards to driving?
4. What is an M.I?
5. What are the risk factors for M.I?
6. What are the symptoms of an M.I?
7. What is the difference between M.I and angina?
8. Explain the importance and benefits of exercise.
9. List 3 cardiac misconceptions.
10. What is Troponin T used for?
11. What are the 4 main components of the Cardiac Rehab Programme?
12. How do you refer to Cardiac Rehab, Dietician, Smoking Cessation and Heart Failure Nurses?