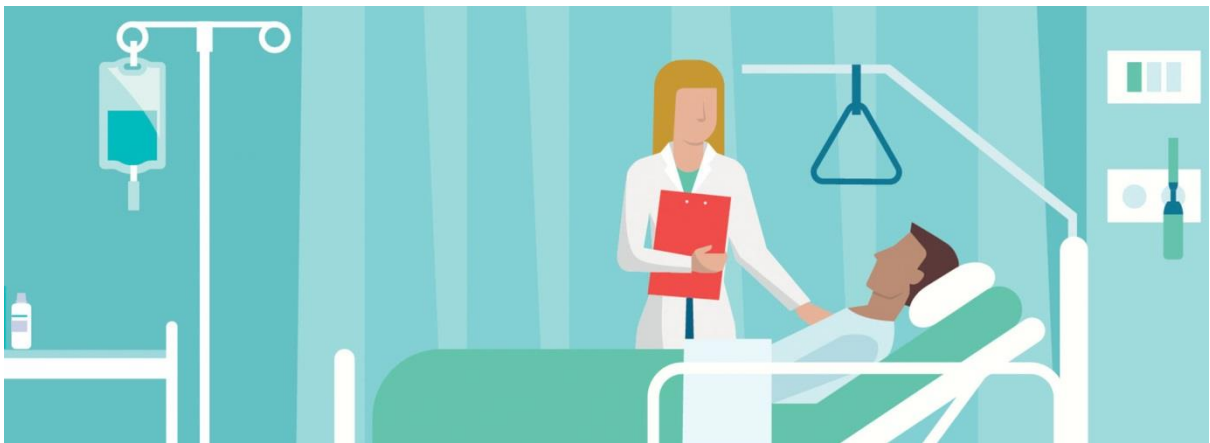


Welcome to Holywell Ward



Student Information Pack

Important Information

Name of placement:	Holywell Ward
Directorate:	Surgical
Direct Telephone Numbers:	01246 512383 / 512384
Shift Patterns:	Mornings 07:00-14:30 Afternoons 13:30-21:00 Middle Shift 11:30-19:00 Long Day 07:30-21:00

Important Email addresses:

Matron

Jane Bolton – jane.bolton@nhs.net

Sister

Karen Stevenson – Karen.stevenson5@nhs.net

Learning Environment Managers (LEM)

Shelley Butler – shelley.butler@nhs.net

Jeniffa Swann – jeniffaswann@nhs.net

Holywell Ward Staff

Matron

Jane Bolton

Sister

Karen Stevenson

Staff Nurses

Shelley Butler

Bonnie Richards

Katie Dawson

Caroline Wilson

Nicky Payne

John Walker

Susan Maiden

Nina Holmewood

Catherine Myerscough

Jeniffa Swann

Lianna Taylor

Jackie Watkinson

Ward Practitioners

Gemma Browes

Glynis Burrell

Jane Furniss

Amanda Rose

Assistant Practitioner

Karen Stone

Health Care Assistants

Dinah Law

Megan Oakley

Carol Field

Jane Hall

Denise Wilkes

Angela Ounsley

House Keeper

Julie Frost

Receptionist

Louise Nicholson

Sharn Jones

Rachel Elliott

Holywell Ward Link Nurses

<u>Name</u>	<u>Link/Role</u>
Shelley Butler Jeniffa Swann	Learning Environment Manager (LEM)
Jackie Watkinson Sue Maiden	Pressure Ulcer Prevention Champion
Gemma Browes Glynis Burrell	Key Movers
Catherine Myerscough Bonnie Richards	Infection Control Champions
Karen Stevenson	Dementia Champion
Nicky Payne	Health Promotion Drug and Alcohol Liasion
Jane Bolton Nina Holmewood	Privacy and Dignity & Learning Disability Champions
Gemma Browes	Blood Glucose and Pregnancy Machine Monitor
Carol Field	Autism Champion

Holywell Day Surgery Suite Philosophy of Care

The staff in the day surgery suite are highly motivated individuals who will endeavour to support students and learners whilst respecting the patients dignity and individual needs at all times.

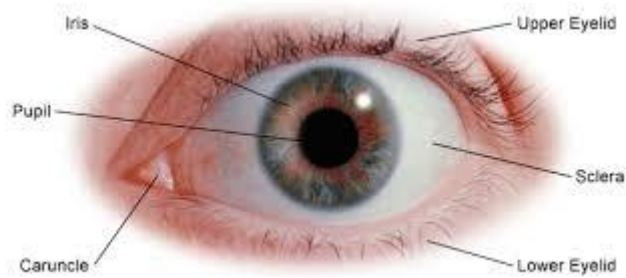
Staff will keep the patient up to date with their care on the day of surgery and ensure that all relevant information is given to the patient prior to their discharge home or transfer to another inpatient ward.

What We Expect From Students

- ❖ To be punctual, honest and reliable.
- ❖ To be dressed appropriately as per hospital dress code.
- ❖ To treat all patients with dignity and respect.
- ❖ To treat all patients in a non-discriminative manner respecting their individual beliefs.
- ❖ To become a valued member of the team.
- ❖ To maintain patient confidentiality.
- ❖ To participate and promote health and safety whilst in the workplace.
- ❖ To become actively involved in reporting incidents using the designated electronic system whenever required to do so.
- ❖ To provide a high standard of holistic care considering the patients physical, psychological, emotional and spiritual needs.
- ❖ Be responsible for identifying learning opportunities and strive to make the most of these.
- ❖ To research and read around key elements related to day surgery (see suggested list of key areas to read about in preparation for your placement and throughout).

Procedures that you may be involved in and patients you may care for on Holywell Day Unit

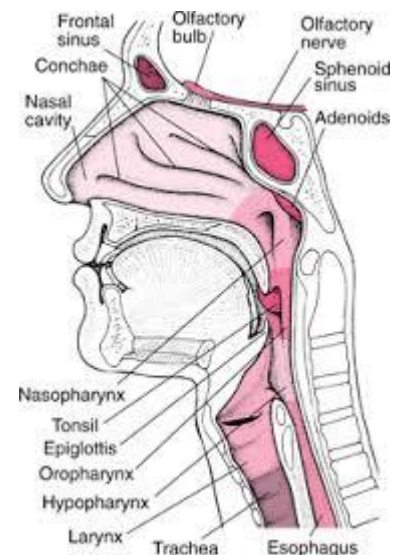
Ophthalmic surgery



- Phacoemulsification and Ozurdex Injection
- Plastic surgery of the eye area

ENT and Maxillofacial surgery

- Grommet insertion
- Septoplasty
- Sub-Mucosal diathermy
- Nasal polypectomy
- FESS-Functional endoscopic sinus surgery
- Coloblation and Palatoplasty
- Teeth extraction
- Oesophagoscopy
- Oesophageal Dilatation
- Laryngoscopy
- Tonsillectomy



Orthopaedic Surgery

- Shoulder arthroscopy
- SLAP repair of shoulder (Superior Labrum Anterior to Posterior)
- Carpel Tunnel
- Cubital Tunnel elbow
- Trapezectomy
- Dupuytrons Contractor
- Removal of Ganglions (hands and feet)
- Knee Arthroscopy
- Anterior Cruciate Ligament repair
- Manipulation of knee
- Chondroplasty
- Ankle arthroscopy
- Removal of metalwork from limbs
- Bunion repair
- Toe amputation
- Toe straightening
- Toe Nail removal



Pain Management

- Facet Joint/Sacroiliac Joint injections
- Nerve root injections
- Epidurals
- Amantadine infusions
- Diagnostic Modal Branch injection
- Radiofrequency ablation neurotomy



General Surgery

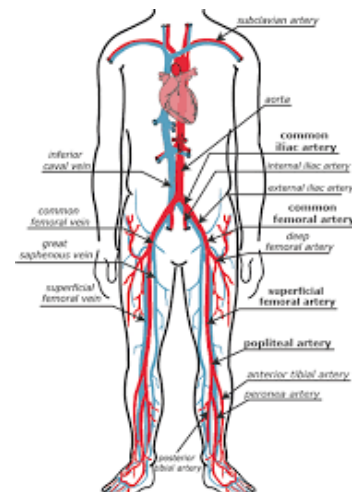


Breast Surgery

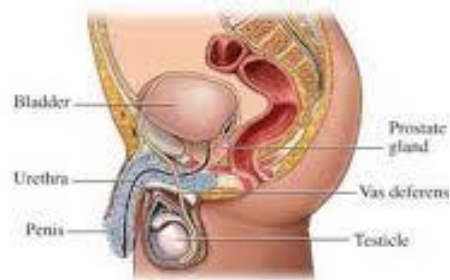
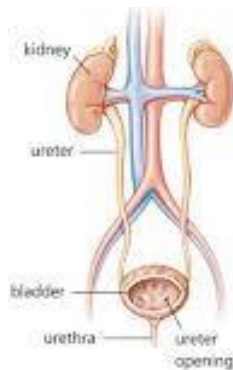
- Sentinel Node biopsy
- Wide local excision
- Mastectomy
- Nipple reconstruction
- Lipomodelling

Vascular

- Angiogram
- Varicose Vein Stripping
- Vena Cava filter removal



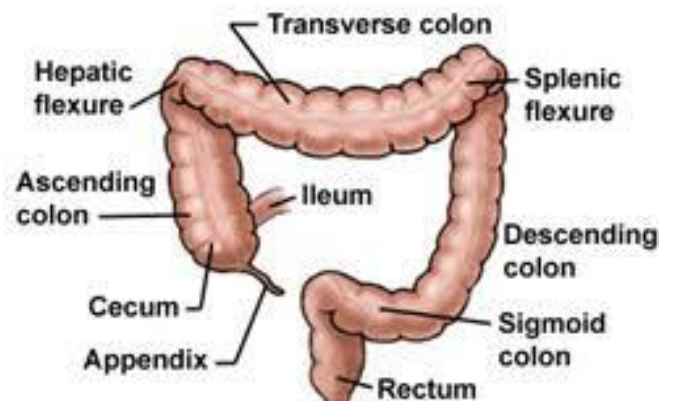
Urology



- Insertion of a suprapubic catheter
- Vasectomy
- Circumcision
- Testicular embulisation
- Nesbit's Procedure
- Trans Vaginal Tape
- Frenuloplasty
- Trans Urethral Resection of Tumour
- Ureteroscopy
- Cystoscopy
- Cystodilatation

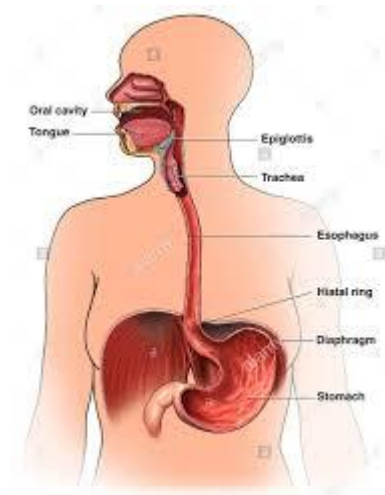
Colorectal

- Inguinal Hernia repairs
- Haemorrhoidectomy
- Botox
- Laying open of Fistula
- Skin tag removal



Upper GI

- Laparoscopic Cholecystectomy
- Umbilical Hernia repair



Procedures that can be requested by any speciality

- Hip aspiration and biopsy
- Trial without catheter
- Blood transfusion
- Amantadine infusions
- Lung and Liver biopsy
- Iron infusion
- Joint injections

General Abbreviations

OPA/OPD	Outpatients appointment/Department
ROS	Removal of Sutures
DN	District Nurses
NFU	No follow up
PON&V	Post op nausea and vomiting
STOP	Surgical termination of Pregnancy
IVI	Intravenous infusion
IM	Intra-Muscular injection
SC	Subcutaneous Injection
PO	Oral
PV	Per Vagina
PR	Per Rectum
PU'd	Passed Urine
OPU'd	Not passed Urine
CSM	Colour, sensation and Movement
TTO	Tablet to take home
CVA	Cerebral Vascular Accident (stroke)
TIA	Trans Ischemic Attack (Mini Stroke)
MI	Myocardial Infarction
LMP	Last menstrual period
BP	Blood pressure
RR	Respiratory rate
TPR	Temperature, pulse and respirations
P	Pulse
CPR	Cardio Pulmonary resuscitation
PACU	Post Anaesthetic Care Unit (recovery)
O2	Oxygen
SATS	Oxygen saturations
NWB	Non-weight bears
FWB	Full weight bears
PWB	Partial weight bears
MED 3	Fitness for work form/Sick note
EUA	Examination under anaesthetic

IDDM	Insulin dependent Diabetic
NIDDM	Non-Insulin dependent Diabetic
WLR	Waiting list repeat
RC	Routine clinic
ROM	Range of movement
DVT	Deep vein thrombosis
VTE	Venous Thromboembolism
WLE	Wide local excision
SNB	Sentinel Node biopsy
VV	Varicose Veins
CTR	Carpal Tunnel repair
LIH	Left Inguinal Hernia repair
RIH	Right Inguinal Hernia repair
TURT	Trans Urethral Resection Tumour
PHARCO	Phacoemulsification (Cataract surgery)
EPI	Epidural
CIRC	Circumcision
VAS	Vasectomy
TWOC	Trial without catheter
FESS	Functional Endoscopic Sinus surgery
GA	General Anaesthetic
LA	Local Anaesthetic
SED	Sedation
NEWS	National Early Warning Score

If there are any more you come across, then please list them below:-

Opportunities

During your placement we will endeavour to offer you the following

- ❖ To provide you with a rota which will ensure that you follow your mentor/s with a minimum of 40% of your shifts allocated alongside them. If your mentor is on a day off, training or annual leave, you will be allocated to another member of staff as named on the rota.
- ❖ You will be allocated visit days to other key areas directly linked and relevant to patients attending Holywell Day Unit.

These include:

- Time in pre-assessment,
- Post Anaesthetic Care Unit (PACU),
- Theatres,
- X-Ray (unless visiting as part of pathways)
- Possibly visit clinic areas e.g., ENT outpatients and Ophthalmic Suites

This exposure is only intended as a taster of how patients are seen following referrals. This will therefore show how patients are listed for surgery, identifying the need for assessment and preparation.

- ❖ To support you in prioritising and managing a group of patients care from admission to discharge, whilst using the nursing process to facilitate this.
- ❖ We will arrange for you to work within our cataract centre (with your mentor) and observe different types of eye surgery. It can also be arranged for you to see certain pain/orthopaedic operations carried out in our own theatre within the day unit.
- ❖ Allow you to attend staff development training courses (If on offer at the time of your placement.)
- ❖ To become confident and competent with the bleep system.
- ❖ To be supported in becoming both competent and confident in completing necessary documentation and that which are specific to Holywell. This will include the correct filing of notes.
- ❖ To become aware of both pre and postoperative complications for day surgical patients.

Suggested Reading Material

Benefits of Day Surgery

Nurse Led Discharge Criteria

Different types of anaesthetics

Pre-operative starvation

Pain Management

Premedication Drugs

Consciousness/Emesis and Pain assessment scale

Postoperative complications

Common types of Day Surgical Procedures Consent to treatment

Marking Verification

Evaluation of Mentorship - Holywell Ward

Holywell ward staff regard supporting students as an extremely important role for both the students and the nurses future practice and development. As well as students being required to meet their learning outcomes to progress throughout their course, it is also vital that mentors are also monitored and reviewed regularly to be deemed fit for mentoring in clinical practice. As a result of this, students are asked if they would produce an evaluation of their mentor's performance throughout their placement. This evaluation will be clear and concise, and will be set out to meet their triennial review criteria. It is requested that your comments be honest and constructive criticism is welcomed. In doing this, it will enable us as a ward and learning environment to identify areas for development and improvement for future students.

Evaluation of Mentorship
Holywell Ward

Name of mentor.....

	Yes	No	
A welcome letter and pack was received prior, or during your first week of placement.			NMC STANDARDS 1, 2, 5
Were you shown how to access the ward policies and resources?			NMC STANDARDS 1,2,3,4,5,6,7,8
Were you asked about your previous experience, knowledge and skills?			NMC STANDARDS 1,2 8
Were you provided with relevant opportunities to meet your learning outcomes?			NMC STANDARDS 1,2,3,4,8
Did you receive your supernumerary status within practice and was this maintained?			NMC STANDARDS 2,5,8
Were your questions welcomed and appropriate answers given?			NMC STANDARDS 1,6,7,8
Were you welcomed and respected as a team member whilst on your placement?			NMC STANDARDS 1,2,3,5,7
Did you receive your interviews at the appropriate times?			NMC STANDARDS 1,2,3
Did you receive regular feedback either written/verbal on your personal progress from your mentor?			NMC STANDARDS 1,3,4,5,8

Did your mentor demonstrate a knowledge and understanding of the university documentation?	Yes	No	NMC STANDARDS 1,2
Was your off duty designed to reflect your mentors working pattern, adhering to the minimum 40% of time on your placement.			NMC STANDARDS 1,2,3
Were you given the opportunity to participate in teaching/supporting others in practice?			NMC STANDARDS 1,2,5,6,8
Did your mentor encourage you to ask questions and rationalize your answers?			NMC STANDARDS 1,6,7,8
Overall, did you feel well supported by your mentor for the duration of your placement?			NMC STANDARDS 1,2,3,5,7,8

Overall Comments

Thank you for your support and feedback. Please give this completed evaluation to the LEM.