

Malnutrition Universal Screening Tool (MUST)

Screen within 24 hours of admission and repeat weekly or more frequently if condition changes

Height Indicate if measured, recalled or estimated from ulna length (circle as appropriate)												cm
Usual weight About 3-6 months ago <i>When screening and rescreening always use this weight to calculate weight loss</i>												kg
Date												
Time												
Weight (kg)												
BMI												
STEP 1: CALCULATE BMI (Refer to BMI chart and circle score)												
BMI More than 20	0	0	0	0	0	0	0	0	0	0	0	0
BMI 18.5-20	1	1	1	1	1	1	1	1	1	1	1	1
BMI less than 18.5	2	2	2	2	2	2	2	2	2	2	2	2
STEP 2: CALCULATE UNINTENTIONAL WEIGHT LOSS SCORE (Refer to weight loss chart and circle score)												
Less than 5%	0	0	0	0	0	0	0	0	0	0	0	0
Between 5 and 10%	1	1	1	1	1	1	1	1	1	1	1	1
More than 10%	2	2	2	2	2	2	2	2	2	2	2	2
STEP 3: ACUTE DISEASE EFFECT												
If patient is acutely ill, and their has been or is likely to be no nutritional intake for > 5 days Score 2	0	0	0	0	0	0	0	0	0	0	0	0
	2	2	2	2	2	2	2	2	2	2	2	2
TOTAL MUST SCORE (add score from step 1,2 & 3)												
Registered Nurse Initials												

Score 0 = Low risk

Score 1 = medium risk

Score 2 or more = high risk

Please use in conjunction with MUST supporting information

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