

Plaster Cast Removals

On the outpatients unit we have a plaster saw that we can use to remove plaster casts, these are loud and can vibrate on the limb while it is in use. The plaster cast saw does not cut the skin under the plaster cast.

When using the plaster saw;

- 1) Cut through the sides of the plaster never above and below as the limbs are sometimes set at different angles.
- 2) Cut one side above the ankle bone
- 3) Cut the other side below the ankle bone

Never start right at the end of the plaster and don't cut right to the end of the plaster as these hold the plaster cast while you are using the saw.

Never drag the saw through the plaster cast lift it out after every cut as this can cause the saw to burn the skin underneath.

- 4) Using the plaster scissors as these have a blunt end so that when you put them under the plaster they don't cut into their leg

Depending on how long the plaster has been in place for, there may be dry skin present underneath the plaster cast.



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